

YOUR PASSION - YOUR LIFE - YOUR CHOICE
THREE QUESTIONS THAT WILL START AN INNER JOURNEY

What are your **passions**?
How is your **life** going?
Are you happy with your Career **Choice**?

**When you begin with these three questions,
you might find a journey to a new future.**

Society has taught many lessons to each of us, no matter what age, lifestyle or differences we may have. If we are raised in a society that adopts particular beliefs, it is easy for us to believe in these ideas and plan our lives around them.

Career paths and career plans certainly fall into this category. For many of us, we were told early that we need to go to school and get an education. *"The higher the education level, the better job opportunities we will be offered,"* was told to us by our authority figures. Our recent college graduates that are not able to find jobs, are finding this information a difficult one to believe in today's world. They are not only not finding jobs, but have to pay back ridiculous amounts of money for their level of learning.

As mentioned, in the TedX talk on my website, many of these jobs that are available, offer little opportunity to create something new. We have some very intelligent, non-conforming young people that want to be challenged and want to create new and better ways for society. I think these new generation workers are listening to their hearts, instead of the old, worn-out rhetoric that so many of our other generations have experienced.

Here are a few ideas that might help you begin to consider your career choice differently. We are never too young or old to begin discovering for ourselves what we desire to experience in our lifetimes. The following is just a guideline that I followed a few years ago. I hope it helps you to become more acquainted with your possibilities.

Set aside a minimum of about 30 minutes to 1 hour a day to being alone in your own thoughts and discovering the secrets you need to know about yourself. (I know we are all very busy- but your future is worth giving at least 30 minutes of your time.)

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Write yourself into your daily schedule at the same time each day and make sure you find a quiet place, without interruptions. Don't force your thoughts, answer the questions below truthfully and with sincerity. This is not for anyone else to read but you. Follow your schedule. This is an important part of your exercises to get yourself open-minded enough to bring those creative ideas and desires to your attention. When you let that part of your brain open, you might be surprised at the ideas that will begin to flow into your consciousness.

I have made a list of questions for you to ask yourself. Gather a piece of paper and write down your responses. It is O.K. if you change your answers or the importance you give to each one as you let your thoughts begin to flow. (You may make many changes, which will only make your desires clearer and make your decisions more accurate.)

Questions:

(These questions should be numbered with the most important or accurate answers being #1 and the least correct answer being last.)

1. What are my 8 favorite things? Things that make me smile and bring joy to me?
2. What are the 8 things I like best about what I do now for employment?
3. What are the 5 things that I like least about what I do now for employment?
4. What are the 5 most important things that I contribute and that I am proud about relating to my employment?
5. When I have made the choices that I have made in my employment - What were the 6 determining factors that made me choose that type of employment? (This is especially critical for the seasoned individual, because not only might your job requirements be different today, but the work environment may have changed and no longer address these desires.)
6. What am I really "good" at doing? List 8-10 Traits
(This would be knowledge you have, abilities, and things that you feel are important traits that you have that make you different from most people?)

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7. How can I take these traits to solve problems for individuals or our society today? (This question is important in order for you to find an income path for yourself today.) You might even think about problems in your life or environment that you would like solved and by doing so, you might find that you can create a solution for yourself and others.

(You can answer these questions "Yes" or "No" or expound on your answers, Remember these questions are for you to learn about who you really are and create a positive career for yourself.)

8. Do you want to work in out in the public or work by yourself?

9. Do you want to travel, work in an office, work from home?

10. Do you live in a large city now where you have lots of access to people or are you in a small community with limited exposure to the world?

11. Do you like to work on the internet or would you rather have lots of interaction with people?

12. Are you an organized individual or more of a person that "gets an idea and just goes for it?"

13. Are you self disciplined or do you need someone to direct you in your efforts?

14. Do you need to have a set schedule or are you more of a person that likes to set your own schedule?

15. Are you a person who wants to be "in the spotlight" or wants to be "in the shadows"?

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If you are having trouble figuring out what does make you happy, think about what you enjoyed as a kid. What did you do at playtime? Did you play with other children or alone? Did you have a special toy? Was there something you loved to do and looked forward to doing each day? What is your favorite memory or surprise? What did you want to be when you grew up?

Perhaps you can ask a family member or family friend that remembers your childhood what he or she remembers about your childhood.

Here are more questions to help you in your discovery process. Be sure to write them down and as you think of additional things, add them or change them. This is your personal reference

*If I told you that I would give you anything you wanted, what would that be?

*Where would you go if you could go anywhere in the world?

*Name three people that you would like to meet (living or dead) and what makes them special to you?

*If money was not a problem for you, what would you be doing right now?

*What would you consider to be the perfect day (24 hours) in your life? Consider the next 3-5 years, and think about how you would want that day to be different or would you be happy with the same "perfect day" in the future?

*If you had one week to volunteer to any organization -what would that be?

We need to believe in the process and, as such, we need to focus on the fact that we want to get a complete picture of what we like and dislike and are good at or not good at doing. This gives us a better picture of how we can take the things we enjoy and develop them into a career for ourselves.

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*Be careful when you are searching what brings that feeling of joy to you that you do not choose a "fun hobby" that you might find not so much fun as work. I did this myself, when I first developed a resale store called Atypical Attic.

However, one of the best stories I can use to explain this is the story of a close friend of mine that loved Photography and in the early eighties created a Photography studio and did quite well in the wedding and "children's sports leagues" markets. After several years, one day he said he hated it when he had to take pictures at weddings and felt he had made a very wrong choice in his profession. Today he is a very happy real estate agent that uses his photography creatively to make the pictures of the houses he has for sale and improves his financial return.

Let's look closer at his mistake with the Wedding Environment:

Likes: Photography, people, independence, variety, self promotion, creativeness, etc.

Dislikes: Stressful and tense environment, Had To Work On Others Scheduled Time Period, Loss of some of his personal creativity, Critiques of his work (which sometimes was good but at other times may have been critical)

There are probably more – but these are some of the problems.

The tip here is to be sure to consider all of the tasks involved in creating the perfect career. There may be tasks that you would not enjoy and by listing all of the necessary functions involved, you might discover a related job that may not require all the same tasks or you can out-source those you don't enjoy.

Lets Ask These Questions of Ourselves Too:

What are the 5 things I do not like to do?

What are the 5 things I don't feel competent doing?

What do I have a hard time dealing with from others? (name 5 things)

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Would I rather have a partner working with me or would I rather work alone and why?

These are just some ideas. Depending upon your choice of career, there will be other questions to answer.



This is an excellent beginning for you to start opening your mind to ways that you can begin to see things about yourself and get your mind set to creating its own way of giving you your own personal direction.

As we have learned recently, changes in our economy and environment can happen without warning. The best way to prepare for your financial security, is to prepare yourself with financial alternatives. My suggestion is to make these alternatives fit who you are, what you need, and what you know. Happiness is for us to create and our personal success will create happiness within ourselves and financial security will help to give us a sense of stability in this “unstable” world we live in today.

Don't stop taking that time for yourself. It is important for your mind to have the opportunity to assimilate all the information that you have been able to learn about what direction your next career should take.

As your mind begins to assimilate these answers, you will notice that your thought processes seem to have expanded and you will even start thinking of ways your friends or acquaintances might use their skills in different ways.

There is really no need to try to force ideas on yourself, because ideas will just begin to appear to come to you during various times, just stay aware and be ready to receive these thoughts. When the right idea comes in your head, you will have this personal inner knowing that you are pursuing the right path for yourself and no-matter what your obstacles you will find a way to "climb over" and you will succeed.

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Whether your first choice is right for you or not, it is part of the path that is leading you to the right choice for you. You will probably find new directions that you may not have even known existed, because you will have a better understanding of yourself and "Who You Really Are".

Thanks for reading -
Wishing you The Life You Want!!

d.foster - dfosterandfriends.org
debbie@dfosterandfriends.org